

Meal Prices

Student Lunch.....\$2.10  
Milk only.....50¢  
Student Breakfast.....\$1.25  
Adult Lunch.....\$3.50  
Adult Breakfast.....\$2.00

All Meals include a choice of  
Skim 1/2% or 1% White or  
Flavored Milk

\*\*\*\*\*  
All rolls & breads  
are whole wheat or  
whole grain for better health!

# G. H. Robertson School December 2011



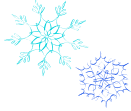
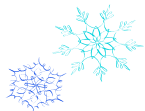
## Spike's Cafe!

Also available daily  
are snacks which meet the  
CT Healthy Food  
Guidelines

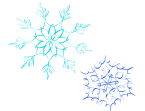
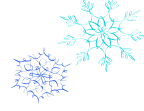
Bottled water is available  
for 85¢  
Fresh Fruit is 50¢



Monday, November 28	Tuesday, November 29	Wednesday, November 30	Thursday, December 1	Friday, December 2
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Baked Chicken Tenders Regular or Spicy!</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Veggie Sticks Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Toast Sticks Sausage Links</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><b>Lucky Plate Day!!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>BBQ Rib on a Whole Wheat Roll</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Turkey Wrap Potato Chips</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Lettuce &amp; Tomato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Stuffed Crust Cheese or Pepperoni Pizza</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Garden Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
Monday, December 5	Tuesday, December 6	Wednesday, December 7	Thursday, December 8	Friday, December 9
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Teriyaki Fluffy Rice</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Waffles &amp; Crispy Bacon</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><b>Lucky Plate Day!!</b></p> <p><i>New!</i> <u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chinese Orange Chicken over Brown Rice</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><b>Fortune Cookie!</b></p> <p><u>Choose up to Three</u></p> <p>Fresh Broccoli Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheese Filled Bread Stick with Sauce</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Potato Wedges Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Personal Pan Cheese Pizza</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Garden Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
Monday, December 12	Tuesday, December 13	Wednesday, December 14	Thursday, December 15	Friday, December 16
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Baked Chicken Patty on Whole Wheat Roll</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Pancakes &amp; Sausage Links</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><b>Lucky Plate Day!!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Oven Roasted Chicken Mashed Potato &amp; Gravy</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Carrot Coins Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Tuna Grinder on Whole Wheat &amp; Chips</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Veggie Sticks Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Stuffed Crust Cheese or Pepperoni Pizza</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Garden Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>



Happy  
Holidays



**Monday, December 19**

Choose one

1. Chicken Fajita on Whole Wheat Tortilla
2. Hot Dog on a Roll
3. Yogurt Plate

Choose up to Three

Corn Niblets  
Fresh Baby Carrots  
Fresh Fruit  
Assorted Cupped Fruit  
100% Fruit Juice

**Tuesday, December 20**

Choose one

1. French Toast Sticks Sausage Links
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

Baked Hash Brown  
Fresh Baby Carrots  
Fresh Fruit  
Assorted Cupped Fruit  
100% Fruit Juice

**Wednesday, December 21**

**Lucky Plate Day!!**

*New!* Choose one

1. Seasoned Beef Tips over Noodles
2. Hot Dog in a Roll
3. Yogurt Plate

Choose up to Three

Mixed Vegetables  
Fresh Baby Carrots  
Fresh Fruit  
Assorted Cupped Fruit  
100% Fruit Juice

**Thursday, December 22**

Choose one

1. Long Hot Dog Bar Assorted Toppings
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

Corn on the Cob  
Fresh Baby Carrots  
Fresh Fruit  
Assorted Cupped Fruit  
100% Fruit Juice

**Friday, December 23**

Choose one

1. Personal Pan Cheese Pizza
2. Hot Dog on a Roll
3. Yogurt Plate

Choose up to Three

Fresh Garden Salad  
Fresh Baby Carrots  
Fresh Fruit  
Assorted Cupped Fruit  
100% Fruit Juice

## White Chocolate Snowballs

A delicious blend of salty and sweet makes these white chocolate peanut butter balls taste as good as they look. Box them with Peanut Butter Buckeyes for a pretty gift set. Makes about 4 dozen snowballs.

### Ingredients

- 1 1/2 cups peanut butter
- 1/2 cup (1 stick) butter, softened
- 1 (16-ounce) package confectioners' sugar
- 2 cups white chocolate chips
- 1 tablespoon vegetable shortening
- 1/2 cup shelled, unsalted peanuts



### Instructions

1. Line 1 large baking sheet with aluminum foil and another with waxed paper; set both aside. Using an electric mixer (or a wooden spoon), beat together the peanut butter and butter in a large bowl until blended and smooth. Add the sugar, 1/2 cup at a time; blend until smooth.
2. Press the mixture into 1-inch balls. (The dough will be dry, so it may be easier to form with damp hands.) Place the balls on the foil-lined sheet. Let stand until firm, about 30 minutes.
3. Melt the white chocolate chips and shortening in a heatproof bowl set atop a pot of simmering water over medium-high heat. Stir continuously until smooth. Remove the pan from the heat. Using a toothpick for a handle, pierce each ball, then dip it into the melted chocolate. Spoon chocolate over the balls to coat them, if needed. Set them on the waxed-paper-lined sheet and top each with a peanut half. Refrigerate until set, about 30 minutes. Store in an airtight container in the refrigerator.

When water freezes inside clouds, ice crystals form. Ice crystals are crystals that have formed around tiny bits of dirt that have been carried up into the atmosphere by the wind. The ice crystals join together creating snow flakes. Once the flakes are heavy enough they fall to the ground as snow.

### What Color Is Snow?

Believe it or not, snow is actually clear/transparent. Snow appears white because the crystals act as prisms, breaking up the light of the sun into the entire spectrum of color. The human eye is unable to handle that kind of sensory overload. Therefore, we see the snow as white or sometimes blue. The color of snow can depend on the environment in which you live. Some snowflakes look like they are pink. If you live in a place where your soil is red, snow is pink. The red dust blows into the clouds, discoloring the snow.

### How Big Is A Snowflake?

Most snowflakes are less than one-half inch across. The largest snowflake recorded was fifteen inches in diameter.

All snowflakes have six sides and no two snowflakes are alike.

## WINTER WORD SEARCH



W	E	A	T	H	E	R	W	G	S	F	P	S	F	M
O	H	J	V	O	L	J	O	N	J	V	H	N	J	J
K	F	R	A	C	S	M	E	O	K	O	L	O	M	G
D	R	H	B	P	T	T	D	P	V	B	P	W	N	I
I	E	L	J	Q	T	O	I	E	L	J	Q	F	O	I
W	E	P	N	I	W	K	L	I	P	N	S	L	K	T
S	Z	Q	M	W	Q	D	S	D	Q	M	F	A	D	A
N	I	A	K	S	B	I	U	W	A	K	F	K	I	K
A	N	S	L	I	D	E	I	S	S	L	U	E	W	S
M	G	W	J	C	D	L	L	A	W	J	M	D	S	W
W	W	X	I	D	S	N	O	W	X	I	R	B	U	X
O	C	C	U	F	D	D	P	C	C	U	A	D	D	C
N	V	E	D	O	M	G	N	I	D	D	E	L	S	D
S	B	E	P	I	C	C	R	E	T	N	I	W	C	E
F	S	L	I	P	P	E	R	Y	R	T	A	H	H	R

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- |            |              |              |              |
|------------|--------------|--------------|--------------|
| 1. Snow    | 5. Shovel    | 9. Slippery  | 13. Scarf    |
| 2. Snowman | 6. Cold      | 10. Slide    | 14. Hat      |
| 3. Winter  | 7. Freezing  | 11. Sledding | 15. Earmuffs |
| 4. Weather | 8. Snowflake | 12. Skating  | 16. Mittens  |

## Glittery Window Clings

Let the sun shine in through a few of these glittery window clings.

They stick to glass and plastic but unlike real snow, they are easy to remove!

### Materials

- Paper and pencil
- Cookie sheet
- Waxed paper
- Dimensional fabric paint (we used Scribbles brand in Glittering Crystal)

Total Time Needed: Weekend Project

### Instructions

1. Draw a snowflake template (small, compact designs work best)
2. Lay the template face up on the cookie sheet and cover it with the waxed paper.
3. Using a thin line of the fabric paint (approximately 1/8-inch wide), trace the snowflake design on the waxed paper as shown, making sure all of the paint lines connect. Let the window cling dry overnight, then carefully peel it from the waxed paper.

