

Meal Prices

Student Lunch.....\$2.75
 Milk only.....50¢
 Student Breakfast....\$1.75
 Adult Lunch.....\$4.00
 Adult Breakfast.....\$2.25

G. H. Robertson School June, 2019

Also available daily for \$1.00 are snacks which meet the CT Healthy Food Guidelines



Bottled water is available for \$1.00
 Fresh Fruit is 50¢

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!



Spike's Cafe!

Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7
<p><u>Choose one</u></p> <ol style="list-style-type: none"> Baked Chicken Nuggets Seasoned Noodles Hot Dog on a Roll Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Diced Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> General Tso Chicken Fluffy Rice & Roll Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Broccoli Fresh Baby Carrots Strawberry Cups & other assorted fruit</p>	<p>Field Day!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Ham & Cheese Sandwich Potato Chips Fresh Baby Carrots Fresh Apple - or - Yogurt & Soft Pretzel Mozzarella Cheese Stick Fresh Baby Carrots Fresh Apple 	<p><u>Choose one</u></p> <ol style="list-style-type: none"> French Toast Sticks Sausage Links Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Apple Sauce & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Stuffed Crust Cheese Pizza Hot Dog on a Roll Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>
Monday, June 10	Tuesday, June 11	Wednesday, June 12	Thursday, June 13	
<p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Patty Sandwich Lettuce & Tomato Hot Dog on a Roll Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Apples & other assorted fruit</p>	<p>Tex Mex Tuesday!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken or Cheese Quesadilla Cheeseburger Yogurt Plate <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Wild Blueberries & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Tangerine Chicken Fluffy Rice & Roll Hot Dog on a Roll Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Broccoli Fresh Baby Carrots Strawberry Cups & other assorted fruit</p>	<p>Spirit Day!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> Personal Pan Cheese Pizza Cheeseburger Yogurt Plate <p>Mini Rice Krispie Treat!</p> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>	

Parents: Visit www.myschoolaccount.com to view your student's lunch balance and make payments .
 If you choose to send in cash, please make sure to label it with your student's name.



Bagged Lunches are available for field trips from your school kitchen!
 Call 860-742-4528 or stop by the kitchen the day before the trip to order!
 Questions or comments about your student's lunches? We'd love to hear from you!
 Call the Food Service Office at 860-742-4535. **Join us on Facebook & Twitter!**



This institution is an equal opportunity provider.

Come join us for Breakfast! Just \$1.75*

Mondays: Pancakes or Waffles

Tuesdays: Toasted Bagel

Wednesdays: Chocolate Chip, Corn or Blueberry Muffin

Thursdays: Egg McNathan (egg & cheese on english muffin)

Fridays: Cinnamon Roll

Assorted Cereal and Pastries are available every day.

All choices come with Fruit, Orange Juice and Milk.

* Students approved for FREE lunch are automatically eligible for FREE Breakfast.

* Breakfast for students approved for REDUCED meals is 20¢.

Don't skip the Most Important Meal of the Day!



Did You Know?

Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Visit www.ctsummerfood.org and plug in your zip code to find all feeding sites near you ... or dial 2-1-1.