Here are various lists of books that the Booth & Dimock Memorial Library owns about disabilities, special education, and nonfiction resources. Most titles include their call number, which is the section of the library you will find the book. If you need any further help please ask a library staff member!

Booth & Dimock Memorial Library
1134 Main St, Coventry, CT 06238
www.coventrypl.org.
860-742-7606

Picture Books

*Special People, Special Ways* by Arlene Maguire, 2002. JE BAI
Each page portrays positive images of children with various disabilities. This book illustrates that beyond our physical limitations is a world of unique gifts for each of us to share. (gr. K-2)

*We’re Amazing 1,2,3! A story about friendship and autism (Sesame Street)*, 2017. JE SES
Elmo introduces his new friend Julia to Abby and explains to Abby that Julia has autism, so she does things a little differently. (PreK-2)

Two little girls become friends and learn that everyone is good at something and also that everyone needs some extra help sometimes.

*I Can’t Sit Still: living with ADHD* by Pam Pollack & Meg Belviso, 2009. JE-PB POL
Lucas has trouble concentrating and staying still, but his life changes for the better after his parents take him to the doctor, who diagnoses him with attention-deficit hyperactivity disorder. (K-3)

*Russell’s World: a story for kids about autism* by Charles A. Amenta III, 2011. JNF 619.928 AME
A story about Russell and his real-life family through photos and stories.

*Taking Down Syndrome to School* by Jenna Glatzer, 2002. JNF 618.928
Nick has Down Syndrome and explains what that means for him. (PreK-2)

*My Friend has Autism* by Amanda Doering Tourville, 2010. JNF 618.928 TOU
A young boy explains some of the challenges and rewards of having a friend who has autism. (gr. K-3)

*Arnie and his School Tools: simple sensory solutions that build success* by Jennifer Veenendall, 2008. JNF 618.928 VEE
Written from Arnie’s point of view, this book uses simple language to describe some of the sensory tools and strategies he uses at home and school (gr. K-3)

_Why Does Izzy Cover Her Ears?: dealing with sensory overload_ by Jennifer Veenendall, 2009.  
_JNF 618.928 VEE_  
Izzy’s behavior is misunderstood as she tries to cope with sensory overload. Resources in back of book for adults about sensory difficulties. (gr K-3)

**School Age Books**

_El Deafo_ by Cece Bell, _J-GN BEL_  
Graphic novel memoir about a young girl with hearing loss (gr. 3-7)

_Out of My Mind_ by Sharon M. Draper, _JF DRA_  
Chapter book about a brilliant girl, Melody, who has cerebral palsy (gr. 3-7)

_Joey Pigza Swallowed the Key_ by Jack Gantos, 1998. _JF GAN_  
Joey Pigza is hyperactive and has “dud meds”. Sometimes he makes bad choices and he learns the hard way that he shouldn’t stick his finger in the pencil sharpener, or swallow his house key, or run with scissors. This book captures the humor and serious challenges that life presents to a kid dealing with hyperactivity and related disorders. (gr. 2-6)

_Ugly_ by Robert Hoge, 2016. _JF HOG_  
Memoir about a boy born with a brain tumor the size of a tennis ball in the middle of his face and “short, twisted legs”. This chapter book is about overcoming bullying and thriving with disabilities and shows that what makes us “ugly” also makes us who we are. (gr. 4-8)

_Fish in a Tree_ by Lynda Mullaly Hunt, _JF HUN_  
Ally moves so often that she has been able to hide her dyslexia by acting out, until Mr. Daniels, her new teacher, is able to uncover the bright & creative kid underneath the trouble maker. (gr. 3-7)

_Rules_ by Cynthia Lord, 2008. _JF LOR_  
Catherine’s brother has autism and she feels like her whole family revolves around his disability. She has spent years trying to teach her brother David, all of the “rules” but then she meets new friends who make her question what “normal” really is. (gr. 3-7)

**Nonfiction Books**

_JNF 362.4 BUR_
Shane Burcaw was born with a rare disease called spinal muscular atrophy, which hinders his muscle growth. This hasn't stopped him from doing the things he enjoy with the people he loves. (gr. 1-4)

Don't Call Me Special: a first look at disability by Pat Thomas, JNF 362.4 THO
Explores questions and concerns regarding physical disabilities, including special equipment that is available to help the disabled. (gr. K-3)

Can You Hear a Rainbow?: the story of a deaf boy named Chris by Jamee Riggio Hellan, 2002. JNF 362.42 HEE
Chris explains how he uses sign language, hearing aids, lip reading, and other visual clues to understand the world around him (gr K-3)

Many Ways to Learn: a kid's guide to LD by Judith M. Stern and Uzi Ben-Ami, 2010. JNF 371.9 STE
Provides advice and encouragement for children with learning disabilities (gr. 4-6)

Packed full of information, this book covers common school situations and the uncommon challenges that they can present to a child with Asperger's. Kids will find the how-to for understanding and communicating with peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends. (gr. 3-7)

Straightforward book that offers kids with Autism Spectrum Disorders their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day

I am Helen Keller by Brad Meltzer, 2015. J BIO KELLER
Biography of Helen Keller, who overcame a rare disease that made her deaf and blind and grew up to become a social activist, leading the fight for people with disabilities and so many other causes. (gr. 1-4)

Parenting Books

A positive approach to helping children with special needs realize their potential.

The Complete IEP Guide: how to advocate for your special ed child by Lawrence M. Siegel
J-Parent/Teacher 371.909 SIE
A start-to-finish guide for caring parents and how to develop and overcome obstacles with an IEP


A comprehensive and up to date book about understanding, identifying, and overcoming reading problems from the world’s leading experts on reading and dyslexia.

Ants in their Pants: teaching children who most move to learn by Aerial Cross, 2009. J-Parent/Teacher 371.94 CRO

Ants In Their Pants offers successful and tested techniques to help caregivers, educators, and parents provide the best support to active learners so they can thrive in the classroom and at home.

Parenting ADHD Now!: easy intervention strategies to empower kids with ADHD by Elaine Taylor-Klaus and Diane Dempster, 2016. J-Parent/Teacher 616.89 TAY

An empathetic, personal, and practical approach for parents craving relief from the wide-ranging childhood impact of ADHD.


Offers practical help for navigating the emotional and relational pitfalls common to those in this situation.


My Child Has Autism, Now What?: 10 steps to get you started by Susan Larson Kidd, 2010. J-Parent/Teacher 618.928 KID

This no-nonsense book helps parents regain control of their situation and take the first practical steps towards a calm and happy life with their newly-diagnosed child.

The Out-of-Sync Child: recognizing and coping with sensory processing disorder by Carol Stock Kranowitz, 2005. J-Parent/Teacher 618.928 KRA

The groundbreaking book that explains Sensory Processing Disorder (SPD)—and presents a drug-free approach that offers hope for parents—now revised and updated.


A book to help you give your child with oppositional-defiant disorder the help he or she needs.
Food Allergies & Sensitivities

*Kylie's Special Treat: a food allergy fairy tale* by Wendy Sefcik Barbeta, 2012. JE BAR
Kylie makes a special treat for the Prince and doesn't include any of the food she's allergic to (milk, eggs, peanuts, tree nuts). (K-3)

*The Bugabees: friends with food allergies* by Amy Recob, 2009. JE REC
A tale of 8 friends with food allergies. This light-hearted story explains the daily routines of eight best buggy friends as they face their respective food allergies with positivity and poise. (PreK-2)

*Daniel has an Allergy* by Angela Santomero, 2017. JE SAN
Daniel Tiger learns how to manage a food allergy. (PreK-2)

*Explaining Food Allergies* by Carol Ballard, 2010. JNF 616.975 BAL
Looks at a range of conditions, illnesses, and disabilities that affect children and adults diets all over the world.

*Fearless Food: allergy-free recipes for kids* by Katrina Jorgensen, 2017. JNF 641.56 JOR

*The Allergy Book: solving your family's nasal allergies, asthma, food sensitivities, and related health and behavioral problems* by Robert W. Sears, M.D. ANF 616 SEA


Middle & High School Resources

Fiction featuring people with physical disabilities

- *How We Roll*, Natasha Friend
  Amputee, wheelchair user, alopecia
- *Say What You Will*, Cammie McGovern
  Cerebral Palsy, wheelchair user, OCD
- *When My Heart Joins the Thousand*, A.J. Stieger
Autism, Osteogenesis Imperfecta
  • Unbroken: 13 Stories Starring Disabled Teens / various (coming soon)
  • Gathering blue / Lois Lowry
  • Love and f1rst sight / a novel by Josh Sundquist.
Blindness
  • Not if I see you first / Eric Lindstrom.
Blindness
  • The Six / Mark Alpert
  • You're welcome universe / Whitney Gardner.
Deafness
  • A quiet kind of thunder / Sara Barnard
Deafness

Fiction about neurodiverse people
  • This Story is a Lie, Tom Pollock
Anxiety, Panic Attacks, OCD
  • The State of Grace, Rachel Lucas
Autism
  • Say What You Will, Cammie McGovern
Cerebral Palsy, wheelchair user, OCD
  • OCDaniel, Wesley King
OCD
  • Marcelo in the Real World, Francisco Stork
Autism (Aspergers)
  • On the Edge of Gone, Corinne Duyvis
Autism
  • Al Capone Does My Shirts, Gennifer Choldenko
Sibling with autism
  • Rules of Rain, Leah Scheler
Sibling with autism
  • When My Heart Joins the Thousand, A.J. Stieger
Autism, Osteogenesis Imperfecta
  • The Sound of Letting Go, Stasia Ward Kehoe
Sibling with autism
  • Lily and Dunkin, Donna Gephart
Bipolar disorder
  • When I was the greatest / Jason Reynolds
Sibling with Tourettes syndrome
  • History is all you left me / Adam Silvera
OCD
  • Challenger deep / by Neal Shusterman.
Schizophrenia
• Colin Fischer / Ashley Edward Miller & Zack Stentz. Autism (Aspergers)
• The love letters of Abelard and Lily / by Laura Creedle
• Autism (Aspergers)
• The half-life of planets: the novel / by Emily Franklin & Brendan Halpin
• OCD, the dude, and me : a novel / by Lauren Roedy Vaughn
• OCD
• Dying to know you / Aidan Chambers.
• Learning disability (Dyslexia)

Comic Characters / Graphic Novels / Manga
• A silent voice. / Yoshitoki Oima
• Deafness
  • Daredevil is blind
  • X-men – Cyclops is partially blind, Professor X is a wheelchair user
  • Avengers – Hawkeye is often represented as deaf/hard of hearing
  • Barbara Gordon/Oracle/Batgirl is paraplegic/wheelchair user in some storylines

Nonfiction
• Laughing at my nightmare / Shane Burcaw
• Wheelchair user, spinal muscular atrophy
  • Type 1 Teens : a guide to managing your life with diabetes / Korey K. Hood, Ph.D
• Diabetes
  • Don't Call Me Crazy: 33 Voices Start the Conversation About Mental Health / various
    (coming soon)
  • Temple Grandin : how the girl who loved cows embraced autism and changed the world /
    Sy Montgomery
• Autism
  • Calling all minds : how to think and create like an inventor / Temple Grandin
• Autistic author
  • Take control of Asperger's syndrome : the official strategy guide for teens with Asperger's
    syndrome and nonverbal learning disorder / Janet Price and Jennifer Engel Fisher