



**BACK BY
POPULAR
DEMAND!**

COVENTRY EMPLOYEE YOGA

FREE

CNHS CAFE

**WEDNESDAYS
4:45PM - 5:45PM
BEGINNING 11/20!**

***No Class 12/18, 12/25, 1/1, 1/15, 4/15**

**Brought to you by the Coventry Employee
Wellness Committee.**

**No Registration Necessary! Just sign-in with
the instructor when you arrive!**