



Hale Early Education Center

May - June 2023

Meal Prices

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|-------------------|--------|
| Student Lunch | Free |
| Student Breakfast | Free |
| Milk only | \$0.75 |
| Adult Lunch | \$4.75 |
| Adult Breakfast | \$2.50 |
| Snacks | \$1.00 |

All Meals include a choice of White or Flavored Milk

All breads & grains are whole grain rich for better health!

GREAT NEWS! All student meals (breakfast and lunch) will be served free of charge for the remainder of the 2022-2023 school year!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| 1 <u>Choose one</u> 1. Chicken Patty on a Bun Baked Beans 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 2 <u>Choose one</u> 1. Mexican Beef Taco Seasoned Rice Corn Niblets 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 3 <u>Choose one</u> 1. Pizza Bites with Marinara Fresh Vegetable Sticks 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 4 <u>Choose one</u> 1. Waffles & Syrup Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots Fruit & Milk included in all Meals | 5 <u>Choose one</u> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals |
| 8 <u>Choose one</u> 1. Chicken Nuggets Seasoned Noodles Baked Beans 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 9 <u>Choose one</u> 1. Chicken Fajita Mexican Rice Corn Niblets 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 10 <u>Choose one</u> 1. Teriyaki Chicken Seasoned Noodles Lo Mein Noodles 2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees Fruit & Milk included in all Meals | 11 <u>Choose one</u> 1. Pancakes & Syrup Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots Fruit & Milk included in all Meals | 12 <u>Choose one</u> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals |
| 15 <u>Choose one</u> 1. Crispy Popcorn Chicken Seasoned Noodles BBQ Baked Beans 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 16 <u>Choose one</u> 1. Cheeseburger on a Bun Baked French Fries 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals | 17 <u>Choose one</u> 1. Cheesy Stuffed Pizza Stick with Marinara Sauce Seasoned Broccoli 2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees Fruit & Milk included in all Meals | 18 <u>Choose one</u> 1. French Toast Sticks Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots Fruit & Milk included in all Meals | 19 <u>Choose one</u> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals |
| 22 <u>Choose one</u> 1. Chicken Patty on a Bun BBQ Baked Beans 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals | 23 <u>Choose one</u> 1. Cheeseburger on a Bun Fresh Vegetable Sticks 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks Fruit & Milk included in all Meals | 24 <u>Choose one</u> 1. Cheese Calzone with Marinara Seasoned Broccoli 2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees Fruit & Milk included in all Meals | 25 <u>Choose one</u> 1. Waffles and Syrup Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots Fruit & Milk included in all Meals | 26 <u>Choose one</u> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins Fruit & Milk included in all Meals |

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| <p>29</p>  <p>School will be closed today to celebrate Memorial Day!</p> | <p>30</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Patty on a Bun Baked Beans 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins <p>Fruit & Milk included in all Meals</p> | <p>31</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza Bites with Marinara Sauce Seasoned Broccoli 2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees <p>Fruit & Milk included in all Meals</p> | <p>1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots <p>Fruit & Milk included in all Meals</p> | <p>2</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins <p>Fruit & Milk included in all Meals</p> |
| <p>5</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Nuggets Seasoned Noodles Baked Beans 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks <p>Fruit & Milk included in all Meals</p> | <p>6</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Fajita with Mexican Rice Corn Niblets 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins <p>Fruit & Milk included in all Meals</p> | <p>7</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Tangerine Chicken Asian Fried Rice Seasoned Broccoli 2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees <p>Fruit & Milk included in all Meals</p> | <p>8</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pancake & Syrup Sausage Patty Baked Tater Tots 2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots <p>Fruit & Milk included in all Meals</p> | <p>9</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza Slice Cucumber Coins 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins <p>Fruit & Milk included in all Meals</p> |
| <p>12</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Mozzarella Sticks with Marinara Sauce BBQ Baked Beans 2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks <p>Fruit & Milk included in all Meals</p> | <p>13</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks Sausage Patty Baked French Fries 2. Yogurt Plate with Bagel & String Cheese Cucumber Coins <p>Fruit & Milk included in all Meals</p> | <p>14</p> <p>Half Day! Bagged Lunch</p> <p>Yogurt String Cheese Fresh Bagel Choice of Fruit Baby Carrots Choice of Milk</p>  |   | |



Come join us for Breakfast! It's FREE for Students!

Choices include: Assorted Muffins & Pastries and Cereal

All come with Fruit, Juice & Milk

Don't skip the most important Meal of the Day!



Parents – View your student's account balance and make payments at **www.myschoolaccount.com.**

For information about your school nutrition program, visit **<http://www.coventrypublicschools.org/district/food-services>.**

Want to be involved in school wellness?

Visit **<https://www.coventrypublicschools.org/district/wellness-committee>.**

Questions or comments about your student's meals?

We'd love to hear from you!

Call or email the Food Service Office at 860-742-4535 or bpratt@coventryct.org.

This institution is an equal opportunity provider.

Substitute Kitchen Help needed!

The Coventry/Andover School Food Service is now hiring substitute kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like *more* information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to <https://www.applitrack.com/coventry/onlineapp/>.

Come Join Our Amazing Team!