

Meal Cost:  
 Student Lunch: FREE  
 Student Breakfast: FREE  
**All Meals include fruit & milk**  
 \*\*\*\*\*  
 All breads & grains  
 are whole grain rich  
 for better health!



# Meal Pickup Menu

## April - June 2022

**Join us for Breakfast!**  
 Breakfast is also available for  
 free for pick up, including:  
 Assorted Muffins & Cereal,  
 Fruit, Juice & Milk  
**Don't skip the Most Important  
 Meal of the Day!**

**Note to Parents: This menu is for children 18 and under who are not enrolled in school.** Meals for these students will be distributed once a week on **Wednesdays from 9:00 - 10:30 at the side cafeteria door at Capt. Nathan Hale School.** These meals must be pre-ordered and will be frozen and ready to heat at home. A link to sign up will be provided via email. All meals (breakfast and lunch) are served free of charge. Please reach out with questions to Beth Pratt at 860-742-4535 or bpratt@coventryct.org. **Menus subject to change. We are an equal opportunity provider.**

<p><b>Like us on Facebook!</b>  <a href="#">@CoventryAndover</a>  <a href="#">SchoolFoodService</a></p> <p><b>Follow us on Twitter!</b>  <a href="#">@CPS_AES_SchFood</a></p>	<p>Wednesday, March 30</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheesy Stuffed Pizza Stick with Marinara Sauce Seasoned Broccoli</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Thursday, March 31</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Toast Sticks Sausage Patty Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Friday, April 1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mozzarella Sticks Baked Tater Tots Fresh Romaine Salad</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	
	<p>Monday, April 4</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Patty on a Bun Baked Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Tuesday, April 5</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheese Pizza Bites with Marinara Corn Niblets</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Wednesday, April 6</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Personal Pan Pizza Green Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Thursday, April 7</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Waffles and Syrup Sausage Patty Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>

## April 11 - 15, 2022 Spring Break!

No Meals Served

<p>Monday, April 18</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Nuggets Macaroni &amp; Cheese Baked Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Tuesday, April 19</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheese Quesadilla Corn Niblets</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Wednesday, April 20</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Pasta &amp; Meatballs with Marinara Sauce Green Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Thursday, April 21</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Toast Sticks Sausage Patty Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Friday, April 22</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mozzarella Sticks with Dipping Sauce Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p>Monday, April 25</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Patty on a Bun Baked Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Tuesday, April 26</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Totally Taco MaxSnax Seasoned Rice Corn Niblets</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Wednesday, April 27</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Teriyaki Chicken with Rice Asian Mixed Vegetables</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Thursday, April 28</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Waffles and Sausage Patty Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Friday, April 29</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mozzarella Sticks with Dipping Sauce Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p>Monday, May 2</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Nuggets Seasoned Noodles Baked Beans</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Tuesday, May 3</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Corn Dog Nuggets Baked French Fries</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Wednesday, May 4</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Bread Pizza Seasoned Broccoli</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Thursday, May 5</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Pancakes and Sausage Patty Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p>Friday, May 6</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mozzarella Sticks with Dipping Sauce Baked Tater Tots</li> <li>Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>



<p><b>Monday, May 9</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Crispy Popcorn Chicken Seasoned Noodles Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Tuesday, May 10</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheese Quesadilla Corn Niblets</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, May 11</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheesy Stuffed Pizza Stick with Marinara Sauce Broccoli</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, May 12</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Toast Sticks Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Friday, May 13</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks with Dipping Sauce Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p><b>Monday, May 16</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Chicken Patty on a Bun BBQ Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Tuesday, May 17</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheese Pizza Bites with Marinara Broccoli</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, May 18</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Bread Pizza Green Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, May 19</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Waffles and Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Friday, May 20</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks Baked Tater Tots Fresh Romaine Salad</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p><b>Monday, May 23</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Chicken Nuggets Seasoned Noodles Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Tuesday, May 24</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Totally Taco Max Snacks Corn Niblets</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, May 25</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Pasta and Meatballs with Marinara Sauce Green Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, May 26</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Toast Sticks Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Friday, May 27</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks Baked Tater Tots Fresh Romaine Salad</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p><b>Monday, May 30</b></p> <p><i>School will be closed today to celebrate Memorial Day!</i> <b>No Meals Served</b></p> 	<p><b>Tuesday, May 31</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheese Quesadilla Corn Niblets</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, June 1</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Teriyaki Chicken with Fried Rice Asian Mixed Vegetables</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, June 2</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Waffles and Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Friday, June 3</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks Baked Tater Tots Fresh Romaine Salad</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p><b>Monday, June 6</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Chicken Patty on a Bun BBQ Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Tuesday, June 7</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Corn Dog Nuggets Baked French Fries</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, June 8</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Bread Pizza Broccoli</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, June 9</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Pancake and Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Friday, June 10</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks Baked Tater Tots Fresh Romaine Salad</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>
<p><b>Monday, June 13</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Popcorn Chicken Seasoned Noodles Baked Beans</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Tuesday, June 14</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Corn Dog Nuggets Baked French Fries</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Wednesday, June 15</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Bread Pizza Broccoli</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	<p><b>Thursday, June 16</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Pancake and Sausage Patty Baked Tater Tots</li> <li>2. Yogurt Plate with Bagel &amp; String Cheese Veg Juice or Baby Carrots</li> </ol>	



**Did You Know?** Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Although Coventry/Andover School Food Service is not eligible to provide meals this summer, there are a lot of locations nearby who can serve summer meals for to children aged 18 and under, free of charge, no matter where you live. Dial 2-1-1 or visit [www.ctsummerfood.org](http://www.ctsummerfood.org) and plug in your zip code to find all feeding sites near you.

Parents: Coventry/Andover School Food Service is disappointed to share that congress has not extended the waivers that would have kept meals free in schools. With the start of the 2022-2023 school year, parents will again be expected to purchase breakfast and lunches for their students. Please remember to watch your email for meal benefit applications that will come out this summer. We encourage as many families as possible to apply. These benefits not only allow for free meals, but they also offer other benefits, such as waived fees for both chrome books and AP tests. All information on these applications is confidential.