

Student Lunch....FREE
 Student Breakfast..FREE
 Milk.....\$0.50
 Adult Lunch....\$4.50
 Adult Breakfast...\$2.25

All meals come with
 milk and fruit!



Hale Early Education Center

December 2021

All breads &
 grains are whole
 grain rich
 for better health!



Great News! All Student Breakfast and Lunches will be served at NO COST for the entire school year!

**A-la-carte pricing still applies.
 All menus subject to change.**

Like us on Facebook!
[@CoventryAndover
 SchoolFoodService](https://www.facebook.com/CoventryAndoverSchoolFoodService)

Follow us on Twitter!
[@CPS_AES_SchFood](https://twitter.com/CPS_AES_SchFood)



Wednesday, December 1

Choose one

1. Cheesy Stuffed Pizza Stick with Marinara
Fresh Broccoli
2. Yogurt Plate with Bagel & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
 in all Meals**

Thursday, December 2

Choose one

1. French Toast Sticks
Sausage Patty
Hash Brown Potato
2. Yogurt Plate with Bagel & String Cheese
Hash Brown Potato

**Fruit & Milk included
 in all Meals**

Friday, December 3

**Half Day!
 Bagged Lunch**
 Fresh Yogurt and Bagel
 Mozzarella String Cheese
 Cucumber Coins
 Fresh Apple & Milk
 Milk



Monday, December 6

Choose one

1. Chicken Patty on a Bun
Fresh Green Beans
2. Yogurt Plate with Bagel & String Cheese
Fresh Pepper Strips

**Fruit & Milk included
 in all Meals**

Tuesday, December 7

Choose one

1. Cheeseburger on a Bun
BBQ Baked Beans
2. Yogurt Plate with Bagel & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
 in all Meals**

Wednesday, December 8

Choose one

1. Tangerine Chicken with Fluffy Rice
Asian Mixed Vegetables
2. Yogurt Plate with Bagel & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
 in all Meals**

Thursday, December 9

Choose one

1. Mozzarella Sticks with Marinara Dipping Sauce
Fresh Vegetable Sticks
2. Yogurt Plate with Bagel & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
 in all Meals**

Friday, December 10

Pajama Day!

Choose one

1. Waffles & Syrup
Sausage Patty
Hash Brown Potato
2. Yogurt Plate with Bagel & String Cheese
Hash Brown Potato

**Fruit & Milk included
 in all Meals**

Monday, December 13

Choose one

1. Chicken Nuggets
Macaroni & Cheese
Fresh Broccoli
2. Yogurt Plate with Bagel & String Cheese
Raw Broccoli Trees

**Fruit & Milk included
 in all Meals**

Tuesday, December 14

Choose one

1. BBQ Ribs on a Bun
Baked French Fries
2. Yogurt Plate with Bagel & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
 in all Meals**

Wednesday, December 15

Choose one

1. Pasta and Meatballs with Marinara Sauce
Green Beans
2. Yogurt Plate with Bagel & String Cheese
Fresh Vegetable Sticks

**Fruit & Milk included
 in all Meals**

Thursday, December 16

Choose one

1. French Toast Sticks
Sausage Patty
Hash Brown Potato
2. Yogurt Plate with Bagel & String Cheese
Hash Brown Potato

**Fruit & Milk included
 in all Meals**

Friday, December 17

Choose one

1. Cheese Pizza Slice
Cucumber Coins
2. Yogurt Plate with Bagel & String Cheese
Cucumber Coins

**Fruit & Milk included
 in all Meals**

Come join us for Breakfast! It's FREE for All Students!

◆ Assorted Muffins ◆ Assorted Cereal ◆ Pastries
 All choices come with Fruit, Juice and Milk

**Don't skip the Most
 Important Meal of the Day!**

