



Coventry Grammar School

May-June 2022

Student Lunch...FREE
 Student Breakfast.....FREE
 Milk.....\$0.50
 Adult Lunch.....\$4.50
 Adult Breakfast.....\$2.25

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

Did You Know? Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Although Coventry/Andover School Food Service is not eligible to provide meals this summer, there are a lot of locations nearby who can serve summer meals for to children aged 18 and under, free of charge, no matter where you live. Dial 2-1-1 or visit www.ctsummerfood.org and plug in your zip code to find all feeding sites near you.



This institution is an equal opportunity provider.



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[@CPS_AES_SchFood](https://twitter.com/CPS_AES_SchFood)

Monday, May 2	Tuesday, May 3	Wednesday, May 4	Thursday, May 5	Friday, May 6
<p><u>Choose one</u></p> <p>1. Chicken Nuggets Macaroni and Cheese 2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Totally Taco MaxSnax Mexican Rice 2. Cheeseburger 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Refried Beans or Corn Fresh Baby Carrots Sliced Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Cheese Filled Bread Stick & Marinara Sauce 2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. French Toast Sticks Sausage Patty 2. Cheeseburger 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Applesauce & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Cheese Pizza</p> <p>2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Fresh Orange & other assorted fruit</p>
Monday, May 9	Tuesday, May 10	Wednesday, May 11	Thursday, May 12	Friday, May 13
<p><u>Choose one</u></p> <p>1. Crispy Popcorn Chicken Seasoned Noodles 2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Corn Dog Nuggets Baked French Fries 2. Cheeseburger 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Applesauce & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Mozzarella Sticks with Marinara Sauce 2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Waffles and Syrup Sausage Patty 2. Cheeseburger 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>	<p><u>Choose one</u></p> <p>1. Cheese Pizza</p> <p>2. Hot Dog 3. Yogurt Plate</p> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Fresh Orange & other assorted fruit</p>

Come join us for Breakfast! It's FREE for All Students!

Mondays: Pancakes or Waffles
 Tuesdays: Fresh Made Egg Sandwich
 Wednesdays: Assorted Muffins
 Thursdays: Bagel & Cream Cheese
 Fridays: Cinnamon Roll

Assorted Cereal is available every day
 All choices come with Fruit, Juice and Milk

Don't skip the Most Important Meal of the Day!

Parents – Log onto www.myschoolaccount.com to view your student's lunch balance and make payments. For more information about your school lunch program, visit <http://www.coventrypublicschools.org/district/food-services>.

Monday, May 16	Tuesday, May 17	Wednesday, May 18	Thursday, May 19	Friday, May 20
<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Tenders Seasoned Noodles 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Totally Taco MaxSnax Mexican Rice 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Filled Bread Stick with Marinara 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Fresh Orange & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pancakes & Syrup Sausage Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Applesauce & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Raisins & other assorted fruit</p>
Monday, May 23	Tuesday, May 24	Wednesday, May 25	Thursday, May 26	Friday, May 27
<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Crispy Popcorn Chicken Seasoned Noodles 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Fresh Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken & Cheese Quesadilla 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Corn or Refried Beans Fresh Baby Carrots Fresh Oranges & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Teriyaki Chicken Dipper Fluffy Rice 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Fresh Apples & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks Sausage Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Raisins & other assorted fruit</p>	<p>Spirit Day!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza 2. Hot Dog 3. Yogurt Plate <p> pudding!</p> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>
Monday, May 30	Tuesday, May 31	Wednesday, June 1	Thursday, June 2	Friday, June 3
 <p>School will be closed today to celebrate Memorial Day!</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Corn Dog Nuggets 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked French Fries Fresh Baby Carrots Sliced Pears & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pasta and Meatballs with Marinara Sauce 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots French Oranges & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Waffles & Syrup Sausage Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Applesauce & other assorted fruit</p>
Monday, June 6	Tuesday, June 7	Wednesday, June 8	Thursday, June 9	Friday, June 10
<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Nuggets Macaroni and Cheese 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Raisins & other assorted fruit</p>	<p>Field Day!</p> <p>Turkey & Cheese Sandwich Fresh Vegetable Sticks Farm Fresh Apple Chocolate Milk Sweet Treat!</p> 	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Filled Bread Stick & Marinara Sauce 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Sliced Peaches & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks Sausage Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Applesauce & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Fresh Orange & other assorted fruit</p>
Monday, June 13	Tuesday, June 14	<p>Parents: Coventry/Andover School Food Service is disappointed to share that congress has removed from their bill the waiver extensions that would have kept universal free meals in schools. With the start of the 2022-2023 school year, parents will again be expected to purchase breakfast and lunches for their students. Please remember to watch your email for meal benefit applications that will come out this summer. We encourage as many families as possible to apply. These benefits not only allow for free meals, but they also offer other benefits, such as waived fees for both chrome books and AP tests. All information on these applications is confidential.</p>		
<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Choice of Vegetable Fresh Baby Carrots Fresh Pears & other assorted fruit</p>	<p>Half Day!</p> <p>Bagged Lunch</p>  <p>Yogurt String Cheese Fresh Bagel Choice of Fruit Baby Carrots Choice of Milk Cookie!</p>	<p>Have a Great Summer!</p>		