



Capt Nathan Hale School

May-June

2022



Meal Prices

Student Lunch:FREE
 Student Breakfast:FREE
 Snacks & Ice Cream...\$1.00
 Fresh Fruit\$0.50
 Milk only.....\$0.50
 Adult Lunch.....\$4.50
 Adult Breakfast.....\$2.25

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!



Did You Know? Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Although Coventry/Andover School Food Service is not eligible to provide meals this summer, there are a lot of locations nearby who can serve summer meals for to children aged 18 and under, free of charge, no matter where you live. Dial 2-1-1 or visit www.ctsummerfood.org and plug in your zip code to find all feeding sites near you.

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[@CoventryAndover SchoolFoodService](https://www.facebook.com/CoventryAndoverSchoolFoodService)

Follow us on Twitter!

[@CPS_AES_SchFood](https://twitter.com/CPS_AES_SchFood)

Monday, May 2	Tuesday, May 3	Wednesday, May 4	Thursday, May 5	Friday, May 6
<p><u>Choose one</u></p> <ol style="list-style-type: none"> Crispy Popcorn Chicken Seasoned Noodles Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Pear & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Fajita with Mexican Rice Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Fresh Orange & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Cheesy Stuffed Pizza Stick with Marinara Sauce Baked Chicken Tenders Deluxe Pizza Slice* <p> pudding!</p> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Strawberries & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> French Toast Sticks Sausage Patty Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Mozzarella Sticks Baked Tater Tots Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit</p>
Monday, May 9	Tuesday, May 10	Wednesday, May 11	Thursday, May 12	Friday, May 13
<p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Patty on a Bun Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Pear & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Cheese Pizza Bites with Marinara Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Fresh Orange & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Cheese Ravioli with Marinara Sauce Baked Chicken Tenders Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Fresh Green Beans Fresh Baby Carrots Strawberries & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Waffles & Syrup Sausage Patty Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Mozzarella Sticks Baked Tater Tots Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit</p>
Monday, May 16	Tuesday, May 17	Wednesday, May 18	Thursday, May 19	Friday, May 20
<p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Nuggets Macaroni & Cheese Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>BBQ Baked Beans Fresh Baby Carrots Fresh Pear & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Mexican Beef Taco with Seasoned Rice Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Fresh Orange & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Chicken Parm and Pasta with Marinara Baked Chicken Tenders Deluxe Pizza Slice* <p> pudding!</p> <p><u>Choose up to Three</u></p> <p>Green Beans Fresh Baby Carrots Strawberries & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> French Toast Sticks Sausage Patty Cheeseburger Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Raisins & other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> Mozzarella Sticks Baked Tater Tots Hot Dog Deluxe Pizza Slice* <p><u>Choose up to Three</u></p> <p>Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit</p>

Monday, May 23	Tuesday, May 24	Wednesday, May 25	Thursday, May 26	Friday, May 27
<u>Choose one</u> 1. Chicken Patty on a Bun 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Baked Beans Fresh Baby Carrots Fresh Pear & other assorted fruit	<u>Choose one</u> 1. Nacho Grande with Tortilla Chips 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Corn Niblets Fresh Baby Carrots Sliced Peaches & other assorted fruit	<u>Choose one</u> 1. Teriyaki Chicken with Fried Rice 2. Baked Chicken Tenders 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Asian Mixed Vegetables Fresh Baby Carrots Pineapple Tidbits & other assorted fruit	<u>Choose one</u> 1. Waffles & Syrup Sausage Patty 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Hash Brown Potato Fresh Baby Carrots Fresh Apples & other assorted fruit	<u>Choose one</u> 1. Mozzarella Sticks Baked Tater Tots 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit

Come join us for Breakfast! *It's FREE for All Students!*


◆ Fresh Made Bacon & Egg Sandwich ◆ Assorted Muffins ◆ Assorted Cereal

◆ Cinnamon Buns ◆ Breakfast Bars ◆ Pastries


All choices come with Fruit, Juice and Milk

Don't skip the Most Important Meal of the Day!



Monday, May 30	Tuesday, May 31	Wednesday, June 1	Thursday, June 2	Friday, June 3
 School will be closed today to celebrate Memorial Day!	<u>Choose one</u> 1. Corn Dog Nuggets Baked French Fries 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Baked French Fries Fresh Baby Carrots Fresh Apple & other assorted fruit	<u>Choose one</u> 1. French Bread Pizza 2. Baked Chicken Tenders 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Seasoned Broccoli Fresh Baby Carrots Raisins & other assorted fruit	<u>Choose one</u> 1. Pancakes & Syrup Sausage Patty 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Hash Brown Potato Fresh Baby Carrots Sliced Peaches & other assorted fruit	<u>Choose one</u> 1. Mozzarella Sticks Baked Tater Tots 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit
Monday, June 6	Tuesday, June 7	Wednesday, June 8	Thursday, June 9	Friday, June 10
<u>Choose one</u> 1. Crispy Popcorn Chicken Seasoned Noodles 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Baked Beans Fresh Baby Carrots Fresh Pear & other assorted fruit	<u>Choose one</u> 1. Cheese Quesadilla 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Corn Niblets Fresh Baby Carrots Fresh Orange & other assorted fruit	<u>Choose one</u> 1. Cheesy Stuffed Pizza Stick with Marinara 2. Baked Chicken Tenders 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Seasoned Broccoli Fresh Baby Carrots Strawberries & other assorted fruit	<u>Choose one</u> 1. French Toast Sticks Sausage Patty 2. Cheeseburger 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Hash Brown Potato Fresh Baby Carrots Raisins & other assorted fruit	<u>Choose one</u> 1. Mozzarella Sticks Baked Tater Tots 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Fresh Romaine Salad Fresh Baby Carrots Fresh Orange & other assorted fruit

Monday, June 13
<u>Choose one</u> 1. Mozzarella Sticks Baked Tater Tots 2. Hot Dog 3. Deluxe Pizza Slice* <u>Choose up to Three</u> Choice of Vegetable Fresh Baby Carrots Fresh Pear & other assorted fruit

Tuesday, June 14
Half Day! Bagged Lunch 
Yogurt String Cheese Fresh Bagel Choice of Fruit Baby Carrots Choice of Milk Mini Rice Krispie Treat

Parents: Coventry/Andover School Food Service is disappointed to share that congress has removed from their bill the waiver extensions that would have kept universal free meals in schools. With the start of the 2022-2023 school year, parents will again be expected to purchase breakfast and lunches for their students. Please remember to watch your email for meal benefit applications that will come out this summer. We encourage as many families as possible to apply. These benefits not only allow for free meals, but they also offer other benefits, such as waived fees for both chrome books and AP tests. All information on these applications is confidential.

This institution is an equal opportunity provider.

Have a
Great Summer!