



# G. H. Robertson School

## Spike's Cafe!

May - June, 2022

Student Lunch....FREE  
 Student Breakfast.....FREE  
 Milk.....\$0.50  
 Adult Lunch.....\$4.50  
 Adult Breakfast..\$2.25  
 Snacks.....\$1.00  
 All Meals include a choice of  
 Skim or 1% White Milk or  
 Skim Flavored Milk  
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All breads & grains  
 are whole grain rich  
 for better health!

**Did You Know?** Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Although Coventry/Andover School Food Service is not eligible to provide meals this summer, there are a lot of locations nearby who can serve summer meals for to children aged 18 and under, free of charge, no matter where you live. Dial 2-1-1 or visit [www.ctsummerfood.org](http://www.ctsummerfood.org) and plug in your zip code to find all feeding sites near you.



**Like us on Facebook!**

[@CoventryAndover SchoolFoodService](https://www.facebook.com/CoventryAndoverSchoolFoodService)


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[@CPS\\_AES\\_SchFood](https://twitter.com/CPS_AES_SchFood)

Monday, May 2	Tuesday, May 3	Wednesday, May 4	Thursday, May 5	Friday, May 6
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Teriyaki Chicken Dippers Seasoned Rice</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli            Fresh Baby Carrots            Raisins            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Waffles &amp; Syrup Sausage Patty</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato            Fresh Baby Carrots            Fresh Orange            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheese Quesadilla</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Corn Niblets            Fresh Baby Carrots            Strawberry Cups            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Corn Dog Nuggets Baked French Fries</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>BBQ Baked Beans            Fresh Baby Carrots            Sliced Pears            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. French Bread Cheese Pizza</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks            Fresh Baby Carrots            Sliced Peaches            &amp; other assorted fruit</p>
Monday, May 9	Tuesday, May 10	Wednesday, May 11	Thursday, May 12	Friday, May 13
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Chicken Nuggets Macaroni &amp; Cheese</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>BBQ Baked Beans            Fresh Baby Carrots            Fresh Pears            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Nacho Grande with Tortilla Chips</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Corn Niblets            Fresh Baby Carrots            Fresh Apples            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Cheese Filled Bread Stick &amp; Marinara Sauce</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Broccoli            Fresh Baby Carrots            Raisins            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Pancakes and Syrup Sausage Patty</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato            Fresh Baby Carrots            Strawberries            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Personal Pan Pizza</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks            Fresh Baby Carrots            Fresh Orange            &amp; other assorted fruit</p>
Monday, May 16	Tuesday, May 17	Wednesday, May 18	Thursday, May 19	Friday, May 20
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Chicken Patty on a Bun</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Beans            Fresh Baby Carrots            Fresh Pears            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Totally Taco MaxSnax Mexican Rice</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Corn Niblets            Fresh Baby Carrots            Sliced Peaches            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Mozzarella Sticks Marinara Dipping Sauce</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Seasoned Green Beans            Fresh Baby Carrots            Raisins            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. General Tso Chicken with Fluffy Rice &amp; Roll</li> <li>2. Cheeseburger</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Broccoli            Fresh Baby Carrots            Fresh Apples            &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>1. Stuffed Crust Pizza</li> <li>2. Hot Dog</li> <li>3. Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks            Fresh Baby Carrots            Pineapple Tidbits            &amp; other assorted fruit</p>

Monday, May 23	Tuesday, May 24	Wednesday, May 25	Thursday, May 26	Friday, May 27
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Crispy Popcorn Chicken Seasoned Noodles</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Fresh Pears &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mr D's Sloppy Joe on a Bun!</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked French Fries Fresh Baby Carrots Sliced Peaches &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mandarin Orange Chicken with Rice</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Broccoli and Carrots Fresh Baby Carrots Fresh Apples &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Soft Mexican Taco Lettuce, Tomato &amp; Cheese</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Refried Beans Fresh Baby Carrots Strawberries &amp; other assorted fruit</p>	<p><b>Spirit Day!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Personal Pan Pizza</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Raisins &amp; other assorted fruit</p>



Monday, May 30	Tuesday, May 31	Wednesday, June 1	Thursday, June 2	Friday, June 3
 <p>School will be closed today to celebrate Memorial Day!</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Toast Sticks Sausage Patty</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Tater Tots Fresh Baby Carrots Apple Sauce &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Mr D's Sloppy Joe on a Bun!</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked French Fries Fresh Baby Carrots Raisins &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheese Quesadilla</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Refried Beans Fresh Baby Carrots Pineapple &amp; other assorted fruit</p>	<p><b>Field Day!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Ham &amp; Cheese Sandwich with Chips</li> <li>- or - Yogurt &amp; Soft Pretzel</li> </ol> <p>Mozzarella Cheese Stick</p> <p><u>Comes with:</u></p> <p>Fresh Baby Carrots Fresh Apple Chocolate Milk</p>

Monday, June 6	Tuesday, June 7	Wednesday, June 8	Thursday, June 9	Friday, June 10
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Stuffed Crust Cheese Pizza</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Sliced Peaches &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Waffles &amp; Syrup Sausage Patty</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Orange &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Cheese Quesadilla</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Strawberry Cups &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Corn Dog Nuggets Baked French Fries</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>BBQ Baked Beans Fresh Baby Carrots Sliced Pears &amp; other assorted fruit</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Bread Cheese Pizza</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Sliced Peaches &amp; other assorted fruit</p>

Monday, June 13	Tuesday, June 14
<p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Chicken Nuggets Macaroni &amp; Cheese</li> <li>Hot Dog</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>BBQ Baked Beans Fresh Baby Carrots Fresh Pears &amp; other assorted fruit</p>	<p><b>Half Day!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Personal Pan Pizza</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Choice of Vegetable Fresh Baby Carrots Fresh Apples &amp; other assorted fruit</p>

Parents: Coventry/Andover School Food Service is disappointed to share that congress has removed from their bill the waiver extensions that would have kept universal free meals in schools. With the start of the 2022-2023 school year, parents will again be expected to purchase breakfast and lunches for their students. Please remember to watch your email for meal benefit applications that will come out this summer. We encourage as many families as possible to apply. These benefits not only allow for free meals, but they also offer other benefits, such as waived fees for both chrome books and AP tests. All information on these applications is confidential.

*This institution is an equal opportunity provider.*

**Have a Great Summer!**

Parents – Log onto [www.myschoolaccount.com](http://www.myschoolaccount.com) to view your student's lunch balance and make payments. For more information about your school lunch program, visit <http://www.coventrypublicschools.org/district/food-services>.

Want to be involved in school wellness? Visit <https://www.coventrypublicschools.org/district/wellness-committee>.  
**Questions or comments about your student's lunches?**  
**We'd love to hear from you!**  
**Call or email the Food Service Office at 860-742-4535 or [bpratt@coventryct.org](mailto:bpratt@coventryct.org).**