

Student Lunch....FREE
 Student Breakfast..FREE
 Milk.....\$0.50
 Adult Lunch....\$4.50
 Adult Breakfast...\$2.25

All meals come with
 milk and fruit!



Hale Early Education Center

May-June 2022

All breads &
 grains are whole
 grain rich
 for better health!



Did You Know? Summer meals are free, nutritious meals and snacks that are provided to kids and teens, 18 years of age and younger, throughout the summer when school is out. Meals are made possible through federal nutrition programs, like the National School Lunch Program & Summer Food Service Program. Although Coventry/Andover School Food Service is not eligible to provide meals this summer, there are a lot of locations nearby who can serve summer meals for to children aged 18 and under, free of charge, no matter where you live. Dial 2-1-1 or visit www.ctsummerfood.org and plug in your zip code to find all feeding sites near you.

Like us on Facebook!

[@CoventryAndover
 SchoolFoodService](https://www.facebook.com/CoventryAndoverSchoolFoodService)

Follow us on Twitter!

[@CPS_AES_SchFood](https://twitter.com/CPS_AES_SchFood)

<p>Monday, May 2</p> <p><u>Choose one</u></p> <p>1. Crispy Popcorn Chicken Seasoned Noodles BBQ Baked Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Tuesday, May 3</p> <p><u>Choose one</u></p> <p>1. Chicken Fajita with Mexican Rice Corn Niblets</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>	<p>Wednesday, May 4</p> <p><u>Choose one</u></p> <p>1. Cheesy Stufed Pizza Stick with Marinara Sauce Seasoned Broccoli</p> <p>2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees</p> <p>Fruit & Milk included in all Meals</p>	<p>Thursday, May 5</p> <p><u>Choose one</u></p> <p>1. French Toast Sticks Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Friday, May 6</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>
<p>Monday, May 9</p> <p><u>Choose one</u></p> <p>1. Chicken Patty on a Bun Baked Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>	<p>Tuesday, May 24</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Bites with Marinara Seasoned Broccoli</p> <p>2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees</p> <p>Fruit & Milk included in all Meals</p>	<p>Wednesday, May 25</p> <p><u>Choose one</u></p> <p>1. Cheese Ravioli with Marinara Sauce Fresh Green Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Thursday, May 26</p> <p><u>Choose one</u></p> <p>1. Waffles & Syrup Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Friday, May 27</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>
<p>Monday, May 16</p> <p><u>Choose one</u></p> <p>1. Chicken Nuggets Macaroni & Cheese BBQ Baked Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Fresh Baby Carrots</p> <p><u>Choose one</u></p> <p>1. Mexican Beef Taco with Seasoned Rice Corn Niblets</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>	<p>Fresh Baby Carrots</p> <p><u>Choose one</u></p> <p>1. Pasta and Meatballs with Marinara Sauce Green Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Fresh Baby Carrots</p> <p><u>Choose one</u></p> <p>1. French Toast Sticks Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Fresh Baby Carrots</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>

Come join us for Breakfast! It's FREE for All Students!

◆ Assorted Muffins ◆ Assorted Cereal ◆ Pastries
 All choices come with Fruit, Juice and Milk

*Don't skip the Most
 Important Meal of the Day!*



<p>Monday, May 23</p> <p><u>Choose one</u></p> <p>1. Chicken Patty on a Bun Baked Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>	<p>Tuesday, May 24</p> <p><u>Choose one</u></p> <p>1. Cheeseburger on a Bun Corn Niblets</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Wednesday, May 25</p> <p><u>Choose one</u></p> <p>1. Mandarin Chicken with Fried Rice Asian Mixed Vegetables</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Thursday, May 26</p> <p><u>Choose one</u></p> <p>1. Waffles & Syrup Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Friday, May 27</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>
<p>Monday, May 30</p>  <p>School will be closed today to celebrate Memorial Day!</p>	<p>Tuesday, May 31</p> <p><u>Choose one</u></p> <p>1. Cheeseburger on a Bun Baked French Fries</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Wednesday, June 1</p> <p><u>Choose one</u></p> <p>1. Personal Pan Pizza Seasoned Broccoli</p> <p>2. Yogurt Plate with Bagel & String Cheese Raw Vegetable Trees</p> <p>Fruit & Milk included in all Meals</p>	<p>Thursday, June 2</p> <p><u>Choose one</u></p> <p>1. Pancakes & Syrup Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Friday, June 3</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>
<p>Monday, June 6</p> <p><u>Choose one</u></p> <p>1. Crispy Popcorn Chicken Seasoned Noodles BBQ Baked Beans</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included in all Meals</p>	<p>Tuesday, June 7</p> <p><u>Choose one</u></p> <p>1. Cheese Quesadilla Corn Niblets</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>	<p>Wednesday, June 8</p> <p><u>Choose one</u></p> <p>1. Cheesy Stuffed Pizza Stick with Marinara Sauce Seasoned Broccoli</p> <p>2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees</p> <p>Fruit & Milk included in all Meals</p>	<p>Thursday, June 9</p> <p><u>Choose one</u></p> <p>1. French Toast Sticks Sausage Patty Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Baked Tater Tots</p> <p>Fruit & Milk included in all Meals</p>	<p>Friday, June 10</p> <p><u>Choose one</u></p> <p>1. Cheese Pizza Slice Cucumber Coins</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included in all Meals</p>
<p>Monday, June 13</p> <p><u>Choose one</u></p> <p>1. Mozzarella Sticks with Marinara Baked Tater Tots</p> <p>2. Yogurt Plate with Bagel & String Cheese Fresh Vegetable Sticks</p> <p>Fruit & Milk included</p>	<p>Tuesday, June 14</p> <p><u>Choose one</u></p> <p>1. Cheeseburger on a Bun Baked French Fries</p> <p>2. Yogurt Plate with Bagel & String Cheese Cucumber Coins</p> <p>Fruit & Milk included</p>	<p>Wednesday, June 15</p> <p><u>Choose one</u></p> <p>1. Personal Pan Cheese Pizza Seasoned Broccoli</p> <p>2. Yogurt Plate with Bagel & String Cheese Raw Broccoli Trees</p> <p>Fruit & Milk included</p>	<p>Thursday, June 16</p> <p>Half Day! Bagged Lunch Yogurt String Cheese Fresh Bagel Choice of Fruit Baby Carrots Choice of Milk</p> 	<p>Have a Great Summer!</p>

Parents: Coventry/Andover School Food Service is disappointed to share that congress has removed from their bill the waiver extensions that would have kept universal free meals in schools. With the start of the 2022-2023 school year, parents will again be expected to purchase breakfast and lunches for their students. Please remember to watch your email for meal benefit applications that will come out this summer. We encourage as many families as possible to apply. These benefits not only allow for free meals, but they also offer other benefits, such as waived fees for both chrome books and AP tests. All information on these applications is confidential.

Substitute Kitchen Help needed! Come Join Our Amazing Team!

The Coventry/Andover School Food Service is now hiring substitute kitchen workers. Help contribute to the students' educational day by feeding them satisfying, healthy meals. This rewarding and convenient position is great for parents or grandparents of school-aged children. The hours are generally 10 am to 1:30 pm with some variation per school. If you are interested or would like more information, please call Beth Pratt, Director of School Food Services, at 860-742-4535 between 6:00 a.m. and 2:00 pm, Monday through Friday. To apply, go to <https://www.applitrack.com/coventry/onlineapp/>.