

Wellness Committee Meeting January 8, 2020
6:00 CNH conference Room

1. Welcome & Introductions
2. Review Wellness Policy revisions and administration comments
Beth G shared changes made to the policy based on the recommendations from the CSDE Wellness Policy Triennial Assessment Workshop
Revised policy was shared with district administrators for input
3. Discuss collaboration with UConn Rudd Center - Beth Giller, Beth Pratt, and Dr. Petrone are meeting with UConn researchers January 23, 2020
4. Review new social media account - members practiced with the account
Brainstormed how to get followers: raffle, Do's and Don'ts - Do This, Not That
Need a flyer,

Follow Up:

Beth G. - ask administrators to have staff brainstorm challenges of implementing wellness policy
Flyer - Beth P will create a flyer and ask admin for raffle prizes

In the future:

Provide administrators/staff with 15ish important key points for easy reference to those pieces of the policy for which they have direct impact for implementation
Hold on submitting policy to BOE subcommittee until after we meet with researcher